Implementation Students’ Day in Developing Self Potential
Students And Education Faculty (Ftik) in The State
Islamic Institute Padangsidimpuan

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Abstract: Students should be prepared themselves in every activity. The College as a culmination of every level of education is expected to produce qualified human resources professionally. In this case, the Faculty of Tarbiyah and Teacher Training Faculty (FTIK) of the State Islamic Institute (IAIN) Padangsidimpuan tried to explore the potential of self through the activities of Student’S DAY. This research has aims to: 1. To find out the Students’ Day implementation that able to explore the potential of students of Tarbiyah Faculty and Teacher Training (FTIK) at Padangsidimpuan State Islamic Institute (IAIN). 2. To find out the factors that play a role in exploring the potential of students of Tarbiyah Faculty and Teacher Training (FTIK) through the implementation of Students’ Day (Student Day) at the State Islamic Institute (IAIN) Padangsidimpuan.

This type of research is qualitative research. Primary data sources are taken from lecturers who participate in carrying out student day in Tarbiyah Faculty and Teacher Training (FTIK) State Islamic Institute (IAIN) Padangsidimpuan. Secondary data sources are complementary sources of data obtained from various sources from: dean of Faculty of Tarbiyah and Science Teacher (FTIK) State Islamic Institute (IAIN) Padangsidimpuan, head of administrative division of Faculty of Tarbiyah and Science of Teaching (FTIK) Institute (IAIN) Padangsidimpuan, head of academic and student affairs division of Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute of Padangsidimpuan, and students of Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Padangsidimpuan Academic Year 2015-2016. Instrument of this research are data collection, observation and interview. The results of this research indicate that Students’ Day Implementation is able to increase students ability in Arabic and English, and an accomplished Nasyid group. Student Day also can create Energetic students in the field of entrepreneurship, experts in the field of local art and master the religious studies.

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I. Background Of The Problem

The World of University is a world of high abilities and expertise. Students must be prepared themselves in every activity in order to be able to serve the community. Based on the demands of the world of student academics holding a Real Work Lecture (KKN) proves students have the skills that adapt and thoroughly reside in the community where the environment is located. However, when students have been faced with real society, students are expected to have good skills in the field of reasoning / academic development, as well as sports, cultural arts, vocational, and entrepreneurship. Students who have the reach of maturity of thinking, creativity and experience are expected to remain involved in the world community. Human life is only dependent on the idea of man himself. In order to carry out the self-exploration of student potential, various ways have been done by various parties. The management of the academic and student affairs section coaches Arabic and English. Self-explored potentials ranging from Tahfiz and the art of reading the Koran, tahsin Koran, student health, sports, volly ball, mini football, badminton, table tennis, calligraphy painting, nasyid, culinary, fashion, co-operative management, Mathematics, English, Arabic, Onang-Onang and other skills that work in the community and later able to open their own business for the sake of independence through the developing of students’ self potential.

In this case the academic world is expected that what is considered good by society is universally regarded as good. Thus, the efforts undertaken by the Faculty of Tarbiyah and Teacher Training (FTIK) State Islamic Institute (IAIN) Padangsidimpuan with the form Students’ Day by exploring the potential of students is an institution that take part in realizing community service. Based on preliminary observation and interview with Mr. Maraondak, Head of Sub Division (Kasubag) of Academic and Student Affairs, in Academic and Student Room, March 8, 2017 as the organizer of Students’ Day activities known that the Faculty of Tarbiyah
Implementation Students' Day in Developing Self Potential Students of ....

and Teacher Training (FTIK) State Islamic Institute (IAIN) Padangsidimpuan has been doing Students Day activities quite good although only last 4 (four) last year is running. Excavation of students' self potential has been done maximally, proved the student has achievement following the competition event onang in Local Government of Padangsidimpuan City. But besides that, there are also some problems in managing Students' Day in Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Padangsidimpuan are: there are still students who do not maximize their ability with their potential they have, the student still cannot create their own entrepreneurial brand, and onang-onang group hope to get the upgrade their achievement in regional championship. Especially in fashion designer, the problem happens because sewing machine facilities are not comparable with the number of students interested in sewing. Similarly, cooking utensil facilities are still borrowed and brought by the students themselves. Lecturers who have not maximized provide skills tricks and skills due to the time limit of only 100 minutes in each face to face and only 8 (eight) meetings. The absence of clear follow-up to the potential of self-explored students is only limited to the certificate and the requirement to follow the lecture program for the final exam only. Due to the emergence of goodness and the number of important to be managed in implementing Students 'Day in the Faculty of Tarbiyah and Teachers training (FTIK) State Islamic Institute (IAIN) Padangsidimpuan then it is very important to examine the Implementation of Students' Day in developing Student Potential Faculty of Tarbiyah and Teacher Training (FTIK) at State Islamic Institute (IAIN) Padangsidimpuan as well as the title of this research.

B. Identification and Limitation of the Problem
The number of things that are important to be guided in university, especially in the field of community service is to explore students' self potential. Student self potential is in the academic category of cognitive and also important psychomotorist and affective field. To explore the priority of self-exploration potential students only identify students from the Students' Day event because it is able to explore the students' self potentials in the field of community service during the Real Work Lecture (KKN) where the student will be located and mingle with a number of community activities.

C. Formulation of the Problem
1. To what extent is the Students' Day can explore the potential of students of Tarbiyah and Teacher Training Faculty (FTIK) at Padangsidimpuan State Islamic Institute (IAIN)?
2. What are the factors that play a role in exploring the potential of students of Faculty of Tarbiyah and Teacher Training (FTIK) through the implementation of Students' Day (Student's Day) at Padangsidimpuan State Islamic Institute (IAIN)?

D. Research Objectives and Purposes
1. Research Objectives
The purposes of this study are:
   a. To find out the implementation of Students' Day (Student Day) is able to explore the potential students of the Faculty of Tarbiyah and Science Teaching (FTIK) at the State Islamic Institute (IAIN) Padangsidimpuan.
   b. To find out the factors that play a role in exploring the potential of students of Tarbiyah Faculty and Teacher Training (FTIK) through the implementation of Students' Day (Student Day) at the State Islamic Institute (IAIN) Padangsidimpuan.

II. Purpose of Research
A. Academic
1). To contribute to the leadership, managers and all lecturers of Tarbiyah and Teacher Training Faculty (FTIK) who manage the Students' Day at the State Islamic Institute (IAIN).
2). Enrich the research repertoire of universities with all activities and progress and policies in achieving universities that prioritize Tri Dharma Perguruan Tinggi.

b. Practical
1). For the Faculty of Tarbiyah and Teacher Training (FTIK) who run the Students' Day at the State Islamic Institute (IAIN), do not be bored of doing good to develop the future students in filling career life and dedication in all places and time.

E. Term Limitation
To avoid misunderstanding of the concepts discussed in this study, researchers explain the term limits as follows:
1. Implementation

In the Big Indonesian Dictionary (KBBI), the word implementation comes from the basic word like, so the execution is: process, way, action execute (draft decision, etc.). Based on the definition of the word implementation has a meaning as an effort to carry out the design that has been prepared and has been made through decisions that take place in the process of certain activities.

2. Students' Day

Students' Day is the day where students are given space to be creative so that their college days will be inspired to do things that are productive. Students' Day is a student activity in the form of reasoning / academic development, sports, art, culture, vocational and entrepreneurship. The Students' Day is referred to in this research is the activities of students of the Faculty of Tarbiyah and Science Teachers (FTIK) State Islamic Institute (IAIN) Padangsidimpuan even semester academic year 2015-2016, who receive activities tahfiz alquran, tahsin Qur'an, club onang-onang, Arabic and English debates, culinary, dress and other skills that support the development of reasoning / academic, sports, art, culture, vocational and entrepreneurship.

3. Potential Self

A strength or basic human capabilities that already exist in him that is ready to be realized into real strength and benefits in human life on earth. Self potential is a capability, a power, both unrealized and materialized, possessed by a person, but not yet fully visible or used maximally by a person. The potential of self in this research is ability owned by student which developed through student day activity so that can realize the strength and ability itself in the development of reasoning / academic.

4. Students of Faculty of Tarbiyah and Teacher Training (FTIK) in this study are intended to be students of Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Padangsidimpuan semester IV academic year 2015/2016 which follows student day activities.

5. State Islamic Institute (IAIN) Padangsidimpuan is one of the educational institutions at State Islamic College in Padangsidimpuan.

F. Theoretical Framework

1. Students' Day

a. Understanding Students' Day

Students' Day is a day for college students to be actively engaged by Student Affairs and Academics through various ways that can explore the potential of self and form a good character. Students day, on that day all students do activities independently or collectively for self-actualization and self-development in various fields such as: religious, interest-talent, profession, culture and so on, while academic activities are closed.

b. Excellence Students' Day (Student Day)

The excellence of the implementation of students day are:

1). so that new students become part of the academic community by adjusting to a variety of activities that can increase the potential and creativity of self.
2). In order for students to be able to show themselves, and show presentation
3). Train students' mental in competing
4). Exploiting interests and talents.
5). Exploring and exploring potential achievements in developing the country.

c. Implementation of Students' Day (Student's Day)

Students Day is held every Saturday in the current semester. Students and tutors plan and establish sub-activities and schedules according to the means of activities. Students Day activities take the form of reasoning / academic development, sports, art, culture, vocational and entrepreneurship. These activities include: Tahfiz club and Quran Reading Art, Quranic tahsin club, volleyball, football, badminton club, club table tennis, calligraphy painting, nasyid, onang-onang, Arabic and English debates, , and other skills considered as part of the student's self potential.

III. Self Potential

a. Understanding Self Potential

The word potential comes from the English, potential. It means there are two words, namely, (1) ability; power (2) and strength; possibility. Meanwhile, according to a large Indonesian dictionary, the definition of potential is the ability that has the possibility to develop, strength, ability, power. The point is, simply, the potential is something we can develop. Potential can be interpreted as the basic ability of something that is still
hidden in it that awaits to be realized into something real power in the self. According to Endra K Pihadhi the potential can be referred to as the strength, energy, or the latent capability possessed and not utilized optimally.

While Sri Habsari explained, the potential of self is the ability and strength possessed by a person both physically and mentally and has the possibility to be developed when trained and supported by good means, while the self is a set of processes or characteristics of physical processes, behavior and psychological owned.

b. Potential Criteria
In general, self potential can be classified as follows.

- Basic skills, such as intelligence level, abstraction ability, logic and capture power.
- Work ethic, such as diligence, thoroughness, work efficiency and resistance to stress.
- Personality is the overall pattern of all the abilities, actions, and habits of a person, whether physical, spiritual, emotional or social organized in a distinctive way under various external influences.

According to Howard Gardner, the most important potential is intelligence, which is as follows:

1. Intelligence linguistics, intelligence that uses and processes words, both oral and written, effectively. Intelligence is among others owned by writers, editors, and journalists.
2. Logical-mathematical intelligence, ability more related to the use of numbers on the sensitivity of logic patterns and calculations.
3. Space intelligence, the ability with respect to sensitivity to know the shape and the object appropriately and the ability to capture the visual world quickly. This ability is usually owned by architects, decorators and hunters.
4. Kinesthetic-bodily intelligence, the ability to use gestures to express ideas and feelings. This ability is owned by actors, dancers, sculptors, athletes and surgeons.
5. Musical Intelligence, ability to develop, express and enjoy the forms of music and sound. This capability lies in songwriters and singers.
6. Interpersonal intelligence, one's ability to understand and be sensitive to the feelings, motivations, and temperaments of others as possessed by a person's motivator and facilitator.
7. Intrapersonal Intelligence, one's ability to recognize himself. This ability is related to the ability to reflect (reflect) and balance yourself.
8. Naturalist intelligence, one's ability purely.

c. Factors That Explain Self Potential
1). Factor of self
   a). There is a clear purpose, directing someone to take a final decision.
   b). Good prejudice, optimism must be cultivated within ourselves, through optimism then the confidence arises.
   c). Patience in doing something produces satisfactory results.
   d). Have motivation and open attitude.
   e). Avoid feeling lazy.
   f). Keep the nature of shame.
   g). Do not have a sense of complacency, success, intelligence and comfort can be an obstacle.
   h). Avoid despair.
   i). Optimistic, make a commitment to realize the dream easily achieve success.
   j). Understanding yourself. Self potential is the key of success
   k). Do not give up easily.
   l). Full of ambition.

2). Factors from outside (external)
External factor is everything that is out of our soul like physical condition, environment, and so on. Factors that are able to explore students' self potential from outside themselves are as follows:

   a) Have the skills
   b) Seek information.
   c) Learning ability.
   d) Attempt to Explain Self Potential

Developing human potential is an activity that is able to know the identity of man himself. The effort starts from self such as:

1). Self-introspection (individual measurement)
In this way, the individual takes the time to evaluate what he has done, what he has accomplished and what he has as an advantage that can support and what he has as a deficiency that hinders the achievement of high achievement.
2). Feedback from others
In this way a person asks for input in the form of information or judgment data about himself from others. Feedback in this feedback includes everything about the attitude and behavior of a visible person, perceived by others who meet, interact with it.

3). Psychological Test
Psychological tests that measure the psychological potential of an individual can illustrate the strengths and weaknesses of the individual on various psychological aspects.

G. Previous Research
There are several studies related to this study, as follows:
1. Research entitled "Development of Business Center Model as Entrepreneurship Education Laboratories for Growing Character and Student Entrepreneur Behavior". The development of business center model in university in this study using four-d model. Four-D Model development model consists of four stages, namely define, design, develop and disseminate. This research was conducted in UNY with total population of 64 study program in UNY. The sampling used is purposive sampling technique and the research data is analyzed by using descriptive technique.
2. Student Activities: Strategies to Increase Competence of Graduates in higher education. The quality of human resources determines the progress of a nation. Development of student activities as a strategy to increase the competence of graduates in universities include: (1) reasoning and scholarship; (2) Talent and Interests; (3) Prosperity; and (4) Social Activities.

H. Research Methods
1. Type of Research
Type of research used in this research is qualitative research. According to Bogdan and Taylor cited in the book Lexy J.Moeleng, qualitative research methodology produces descriptive data in the form of written or oral words of the people and behavior that can be observed. Based on data analysis, this study uses a qualitative approach that is research conducted by observing the surrounding phenomena and analyze by using scientific logic. Sukardi mentioned that the qualitative research method used is descriptive method that aims to describe the actual situation in the field purely as it is with the research context.

2. Data Source
In this research there are two types of data needed are:
 a. Primary data sources are lecturers who participate in carrying out student day in the Faculty of Tarbiyah and Teacher Training (FTIK) State Islamic Institute (IAIN) Padangsidimpuan.
b. Secondary data sources are complementary sources or supporting sources obtained from various sources. The complementary sources of data conducted in this research are: dean of Faculty of Tarbiyah and Science Teacher (FTIK) State Islamic Institute (IAIN) Padangsidimpuan administrative head of Tarbiyah Faculty and Teacher Training (FTIK) State Islamic Institute (Padangsidimpuan), head of academic and student affairs division of Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Padangsidimpuan, and students of Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Padangsidimpuan Academic Year 2015-2016.

3. Instruments of data collection
Instrument data collection as follows:
 a. Observation
Observation can be done through sight, smell, hearing, touch and tasting. The researcher observed directly the implementation of student day of Tarbiyah and Teacher Training faculty (FTIK) at Padangsidimpuan State Islamic Institute (IAIN).
b. Interview
Interviews also called interviews or oral questionnaires are a dialogue conducted by the interviewer (interviewer) to obtain information from the interviewer (interviewer).

4. Data Analysis Technique
Technique of data analysis done in this research as follows:
 a. Editing data, such as compile the data editor into a composition of sentences systematically.
b. Reduction of data, such as checking the completeness of the data to find the missing and override the irrelevant.
c. Describe the data systematically associated with the results data processing qualitatively in accordance with the topics of discussion.
d. The conclusion, which summarizes the data descriptions in several sentences containing a brief and concise understanding.

5. Data Validity
The validity check of data used in this research is based on the technique proposed by Moleong, that is:
   a) Extension of participation
   b) Persistence of observation
   c) Triangulation.

The methods used in triangulation are:
1). Compare the observation data by interview.
2). Comparing people's perceptions and behaviors with others.
3). Compare documentation data with interviews.
4). Make comparisons with peers
5). Compare the findings to the theory
6). Peer review through discussion.

IV. Research Results
1. Implementation of Students' Day in developing the potential of students of Tarbiyah Faculty and Teacher Training (FTIK) at Padangsidimpuan State Islamic Institute (IAIN). Student Day activities are activities in order to explore the students' self potential. This is in relation to the submitted by Head of Academic of Student Affairs that: Students' Day implementation in exploring the potential of students of Faculty of Tarbiyah and Teacher Training (FTIK) at Padangsidimpuan State Islamic Institute (IAIN), where the potential is art, cooking and embroidery, language, sports and Tahfiz as well as studies of the Qur'an. Implementation of students’ day based on the Decree of the Dean of Faculty of Tarbiyah and Teacher Training (FTIK) IAIN Padangsidimpuan are held every Saturday. Saturday is categorized as a student day in which only to explore the potential of students. Saturday is holiday or no lectures. This is so that students are focused on doing activities that are able to explore themselves for example potential in the field of entrepreneurship and arts and speech techniques. In this case the benefits and usefulness of the implementation of students’ day in FTIK IAIN Padangsidimpuan is that students are helped to develop skills such as studies of religious fiqh, khitabah and tahfiz alquran. It expected to follow-up implementation of students’ day at IAIN Padangsidimpuan FTIK, students are able to open a business or work in the community. The high expectation of the follow-up of this student day activity is required by the supervisor who has the skills in accordance with his field.

2. Factors that play a role in exploring the potential of students of Tarbiyah Faculty and Teacher Training (FTIK) through the implementation of Students’ Day (Day Students) at the State Islamic Institute (IAIN) Padangsidimpuan comes from the students themselves and also from outside themselves. Student as the main factor is very influential to the success of the implementation of student day. Students who are willing, active and disciplined are students who are guided and trained and explored in this student day. Factors from outside the student, such as expert, supporting facilities and motivation and scheduled guidance give a significant effect that supports the successful implementation of student day.

J. Closing
1. Conclusion
   The implementation of Student Day in Tarbiyah and Teacher Training Faculty (FTIK) State Islamic Institute (IAIN) Negeri Padangsidimpuan was implemented in accordance with the Dean Decree of Faculty of Tarbiyah and Teacher Training (FTIK) which aims to explore students’ self potential. Implementation of Student Day in accordance with the talents and interests of students so that later can be applied in the real world society and environment where students life.

2. Suggestions.
   Student activities are expected to be followed up by the Institute and to be more involved in national or international events or occasions.

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Implementation Students’ Day in Developing Self Potential Students of...


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